



SHONA DUGGAN, BSC, ARAD, CDTA

Shona attended her first ballet class when she was 3 years old and has been dancing ever since. She has completed all of the Royal Academy of Dance examinations from Pre-Primary in Dance up to and including Advanced 2. In 2019, she also completed her CDTA Associate Examination and is an Associate Member with the CDTA. Shona began assisting with ballet classes at the age of 12 which made her fall in love with teaching dance, and has been teaching her own classes since age 15.

Shona was an original member of the Northumberland Youth Ballet, based in Pictou County, and performed in many shows including The Little Match Girl, Four Seasons, Alice the Ballet and Cinderella. She had the opportunity to further her dance training by attending The Nutmeg Conservatory of Performing Art's Summer Intensive in 2014. Shona was also very fortunate to have the opportunity to work with choreographer and teacher Kennet Oberly for many years at summer dance intensives at home in Pictou County, and considers Mr. Oberly one of her biggest inspirations in dance.

Shona holds a Bachelor of Science in Psychology from Dalhousie University, and is currently working towards her Bachelor of Elementary Education at Saint Francis Xavier University.